

# Ann Arbor Counseling Associates

## Medication Services Disclosure

Dr. Thompson holds a clinical doctorate in nursing practice and is a Board Certified Psychiatric Nurse Practitioner.

### YOUR RIGHTS

- You have a right to choose your medication health care provider.
- You have a right to terminate medication services at any time with no explanation provided.
- You have a right to confidentiality in regards to your care and we will only release your information outside of AACCA with your permission.

### AACA POLICIES TO REVIEW ON MEDICATION SERVICES

- AACCA only accepts medication clients who are actively attending and engaged in therapy with an AACCA therapist.
- Dr. Thompson may or may not provide you with the prescription or refill you are requesting based on her own clinical judgement.
- Any appointments that are not cancelled with 24 hour notice will result in an \$85 cancellation fee
- The psychiatric nurse practitioner will not call in refills on prescriptions that are narcotic medications and will only call in others on an emergency basis. Refills and adjustments are given at your appointment.
- AACCA does not currently offer medication services to clients who are pregnant
- All minors must be accompanied by a parent or guardian who can make medical decisions for the minor client and sign consent forms for medication changes.
- Adults who are seeking medications for ADD/ADHD who have not taken medications before for this must receive psychological testing for ADD/ADHD first and bring your testing results to your appointment.
- Your medication history may be obtained from your insurance, pharmacy, or state databases prior and during treatment with the Nurse Practitioner.

### WHAT TO BRING TO YOUR APPOINTMENTS

- A current and accurate list of your medications including names, dosages, and prescriber
- Adults who are requesting ADD/ADHD medications with no past history of being on these meds must provide their psychological testing results from a Licensed Psychologist
- If the Dr. Thompson requests that you obtain labs or test results please bring to your appointment or fax them to us at 888-976-6019

### HOW TO CONTACT THE NURSE PRACTITIONER IN BETWEEN SESSIONS

- For medication reactions and to speak with Dr. Thompson directly the best way is to send her a secure message through our client portal
- For scheduling issues, please call us at 734-956-0051
- You can leave a secure voicemail at 734-956-0051 ext. 4015

### IF YOU HAVE HAD A HOSPITALIZATION DURING TREATMENT OR IN PAST 30 DAYS

- **Make an appointment within 48 hours of discharge with our NP**
- **Make sure you bring your discharge paperwork to your visit**

- If you are having your discharge paperwork faxed please call prior to your appointment to ensure we have received it. Our fax is 888-976-6019
- We must receive this for your visit to ensure we know the most current medications you are on.

You agree that any prescriptions that you acquire from Dr. Markita Thompson, DNP shall be solely for your personal use. You agree to fully and carefully read all provided product information and labels and to contact the physician, nurse practitioner or pharmacist if you have any questions regarding the prescription. You agree to drug screening if your provider orders it. You agree not to have any other provider prescribe mental health medications to you. Violations to this agreement will result in termination of medication prescribing and management services.

**\*\*\*It is your responsibility to ensure that we have your discharge paperwork for your appointment from any hospital admission as well as any outpatient or inpatient, labs or imaging reports prior to your appointment. Please call our office to inquire at 734-956-0051. Without that paperwork she may not be able to proceed with the appointment. \*\*\***

**"I fully understand the contents of this notice and intend to proceed with services."**

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Patient Full Name

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Date

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Signature

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Parent/Guardian Name

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Date

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Parent/Guardian Signature